

Mary Broe

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EDUCATION

University of Rhode Island - Kingston, RI

May 2012

Bachelor of Science in Nutrition and Dietetics with a minor in Leadership Studies; GPA 3.5/4.0

EXPERIENCE

Dietetic Intern, West Virginia University Hospitals, Morgantown WV

September 2012-June 2013

1400 hour Dietetic Internship with an emphasis in Medical Nutrition Therapy at a 500+ bed teaching hospital with a Level I Adult Trauma Center, Level II Pediatric and Level III NICU

- Worked with clinical dietitians with specialties in: trauma, surgery ICU, medical ICU, neonatal ICU, pediatrics, oncology, cardiology, general medicine and nephrology
- Used the Nutrition Care Process to assess, diagnose and treat the nutritional status of individuals with various medical conditions using evidence-based guidelines
- Obtained significant data from both electronic and paper charts in order to effectively interview patients and assess their condition
- Collaborated with the healthcare team and participated in medical rounds to determine the best plan of care for patients
- Provided dietary recommendations to patients including calorie, protein, fluid, vitamin and mineral needs
- Recommended specific diet orders, dietary supplements, and calculated enteral and parenteral nutrition needs
- Assessed patients with multiple comorbidities and severe diagnoses, and coded for malnutrition
- Performed the duties of a cardiology dietitian for clinical staff relief; including on-call responsibilities such as answering doctor consults and completing pediatric formula calculations
- Completed and presented a clinical case study on the topic of wound healing in a chronic spinal cord injury
- Counseled in the outpatient setting including: cystic fibrosis, adolescent, pediatrics, diabetes and oncology; interviewed, assessed and created care plans for patients seen
- Spent 6 weeks in food service; collaborated with the team to put on a monotony breaker for the cafeteria; completed an administrative project with an objective to create a healthier cafeteria; performed in-services to educate the staff and improve performance reviews

Community Nutritionist

URI SNAP-Ed, Providence, RI

June 2011-May 2012

- Facilitated the promotion of health and obesity prevention by teaching low income populations the importance of nutrition through interactive lessons
- Used formative and summative evaluation to assess the strengths and weaknesses of the program

Nutrition Coach, Coordinator/Creator

URI Recreational Services, Fitness & Wellness, Kingston, RI

June 2010-January 2012

- Created an internship for dietetic undergraduates interested in gaining experience in nutrition education
- Designed resources and provided education to gym patrons regarding health, weight loss and weight gain
- Managed and led 5-6 interns per semester to ensure consistency in the program and planned team meetings

Executive Board President

We're Offering Women Wisdom, Kingston, RI

September 2011-May 2012

- Managed a freshman mentoring group with the mission to provide a nonjudgmental support system for incoming freshman to help them transition into college and become acquainted with living on their own

CERTIFICATIONS

Mad Dogg Certified Spinning Instructor; Certified Nonviolence Trainer; Food Handlers Card; CITI Certified